Common Loose Fertilisers

Bonemeal (organic)
A slow release fertiliser which breaks down over a long period. It is an excellent source of calcium and phosphorus, but also contains trace amounts of nitrogen and potassium. Bonemeal should be base dressed before planting to help rooting.
As a good source of phosphorus(P), bonemeal helps mainly with root growth and is particularly good for newly planted fruit bushes and for root vegetables.
The calcium boost it gives also helps strengthen stems. It can help prevent blossom end rot in tomatoes and other vegetables.

Blood Fish and Bone (organic)
A traditional general purpose fertiliser. It is not particularly high in nitrogen and therefore suits a wide range of crops. It is a long lasting and usually applied as a base dressing to freshly prepared beds around 10-14 days before planting, or as a top dressing around established fruit bushes.

Pelleted Chicken Manure (organic)
A general purpose fertiliser. It is quick release and usually dug into beds before planting.
Chicken manure is relatively high in nitrogen(N) and low in potassium(K), (11-8-5) so is not recommended for root crops or potato beds. It is popular as a mid-season boost for leafy plants.
It is also said to be good for asparagus beds as a dressing sprinkled on the surface after the cutting season is over.
Average application rates are 50g to 150g per square metre.

Growmore
Is a general purpose balanced fertiliser (7-7-7). It is fairly quick release and can be used either as a base dressing or as a boost applied by top dressing during the growing season. It is not particularly recommended as a potato fertiliser as potatoes benefit from more potassium(K) and less Nitrogen than growmore contains.

Nitrochalk (lime with added N)
Used for brassicas, which benefit both from the lime and the high nitrogen level. Use as a base dressing before planting.

Superphosphate
Contains phosphorous(P) to promote root development. It is relatively fast acting and is beneficial if lightly applied as a base dressing prior to planting out or transplanting.
It should not be applied at the same time as lime and only used in small quantities.

Potash
A major source of potassium(K)
Popular for base dressing around established fruit trees and bushes to help cropping

Sulphate of Ammonia
A major source of Nitrogen(N)
Popular for base dressing around leafy plants like cabbages, spinach or sweetcorn.

Potato Fertiliser
A specially formulated granular fertiliser (6:10:10) used because high nitrogen levels can lead to poor cropping in potatoes.
Use when planting but keep a layer of soil between the fertiliser and the seed potatoes, because direct contact can damage chitted shoots. Water well after application.